

## DEPARTMENT NAME: PSYCHOLOGY

### M.SC IN APPLIED PSYCHOLOGY

#### VISION

- To emerge as a leading centre of excellence in psychological education, research, and practice.
- To foster human potential, emotional intelligence, and societal well-being.
- To uphold innovation, inclusivity, and ethical engagement in all pursuits.

#### MISSION

- To advance psychological studies through rigorous academic programs and interdisciplinary research that address contemporary human and societal needs.
- To nurture analytical, logical, and empathetic professionals equipped to promote individual and community well-being.
- To create meaningful research and employment opportunities contributing to national development and global knowledge exchange, while cultivating moral integrity, cultural sensitivity, and critical thinking in students, empowering them to address life's challenges with resilience and compassion.

#### PROGRAMME EDUCATIONAL OBJECTIVES:

**PEO 01:** Post Graduates will compete on a global platform to pursue their professional career in Psychology and Allied Disciplines.

**PEO 02:** Post Graduates will pursue higher education and research in psychology /or engage in continuous improvement of their professional skills.

**PEO 03:** Post Graduate will work effectively in a community-based setting with skills and expertise in psychological principles.

**PEO 04:** Post Graduates will work with professional integrity and concern for society and environment

**PEO 05:** Post Graduates are able to contribute efficiently for the betterment of mental health and wellbeing of the society.

## **PROGRAM SPECIFIC OUTCOME (PSOs)**

### **PSO1: Clinical Competence and Therapeutic Application**

Postgraduates will demonstrate proficiency in clinical assessment, diagnosis, case formulation, and psychotherapeutic intervention. They will apply psychological principles to understand, manage, and promote mental health and wellbeing across diverse populations, adhering to ethical and evidence-based clinical practices.

### **PSO2: Rehabilitation Facilitation and Community Inclusion**

Postgraduates will acquire the knowledge and skills to assess, counsel, and facilitate the psychological rehabilitation of individuals with physical, cognitive, or psychosocial disabilities. They will collaborate with multidisciplinary teams to design and implement community-based programs that foster empowerment, inclusion, and holistic recovery.

### **PSO3: Organizational Effectiveness and Applied Management Psychology**

Postgraduates will apply psychological theories and research methods to enhance employee well-being, motivation, leadership, and organizational effectiveness. They will contribute to evidence-based human resource practices, training, and performance management while promoting a healthy and ethical workplace culture.

## **PROGRAMME OUTCOMES:**

### **PO1: Knowledge of Psychology and its practical implications**

The Bachelor's degree equips the students with knowledge in general Psychology, statistical methods for psychological research, bio-psychology, Psychology of Individual Differences, Development of Psychological Thought, Psychological Research, Social Psychology, understanding and dealing with psychological disorders, developmental psychology, organizational behavior, forensic psychology clinical, rehabilitation and counselling psychology.

### **PO2: Empathetic understanding of Behavior**

Students of Psychology grow in sensitivity, sympathy and empathy towards others, learn to work in a team and develop leadership qualities, accept and respect individual differences.

### **PO3: Knowledge of Statistical Techniques**

Students of Psychology work with responsibility and commitment and also develop an understanding about inclusive education and its benefits through the Social Outreach Program and thorough understanding of statistical methods in psychological research.

### **PO 4: Fundamentals of Psychological Research**

Students are encouraged to conduct short empirical and archival research so that they develop an understanding about application of statistics and research methodologies. They are trained

to present papers in national level seminars and also to get the research papers published in reputed journals.

**PO 5: Community Based Implementation of psychological Principle**

Students gather exhaustive knowledge in different areas pertaining to psychology like self love, knowing personality, health enhancements and social networking, understanding disability, different mental health conditions, developmental stages and different modes of counselling, psychotherapy.

**PO6: Psychological Testing and Interpretation**

It helps students of Psychology to get an understanding about the practical applications, implications and generalizations about the different aspects of the subject from books to real life situations, and to understand different tools and measures through a strong foundation in statistical methods in psychological research.

**PO7: Ethics in psychological research and practice**

Enable students to contribute their articles pertaining to empirical research, social issues, character, movie and book reviews. It gives a platform to students to expand themselves beyond books, integrate classroom teaching learning with real life applications and make them understand the importance of ethical consideration.

**PO8: Life-long learning**

Self-directed learning for different psychological fields, applications of the theoretical knowledge of youth, enhancing one's capacity of critical thinking, problem solving, reasoning and drawing different perspectives on various areas in Psychology like cognitive psychology, organization, and forensic.

**Credit Definition**

Type	Duration (in hours)	Credit
Lecture (L)	1	1
Tutorial (T)	1	1
Practical (P)	2	1

## Total Credit Distribution for the Entire Programme

Semester	Credits						Credits/Semester
	CC	DSE	GE	AEC	SEC	INT	
1	20	4	0	2	1	0	27
2	20	4	4	2	1	0	31
3	24	0	0	2	1	0	27
4	8	0	0	2	0	5	15
<b>Credits/Course</b>	<b>72</b>	<b>8</b>	<b>4</b>	<b>8</b>	<b>3</b>	<b>5</b>	<b>100</b>

## Category Definition

Definition of Category/Type	Abbreviation
Core Courses	<b>CC</b>
Discipline Specific Elective	<b>DSE</b>
General Elective	<b>GE</b>
Ability Enhancement Courses	<b>AEC</b>
Skill Enhancement Courses	<b>SEC</b>
Internship	<b>INT</b>

## FIRST YEAR

### SEMESTER-I

Sl No	Course Title	Code	Type	Credit	Type		
					L	T	P
1	Applied Cognitive and Neuro-psychology	PSYCP001T01	CC	4	3	1	0
2	Personality Theories and Their Application	PSYCP001T02	CC	4	3	1	0
3	Applied Social Psychology	PSYCP001T03	CC	4	3	1	0
4	Practical on Cognitive Functioning	PSYCP001P01	CC	4	0	0	8

5	Practical on Personality Testing and Applied Social Psychology	PSYCP001P02	CC	4	0	0	8
6	Human Anatomy and physiology	PSYCP002T06	DSE	4	3	1	0
7	Foreign language – I		AEC	2	2	0	0
8	Mentored Seminar – I	MVMSP005S01	SEC	1	0	0	2
Total Credits				Credits 27			

## SEMESTER-II

Sl No	Course Title	Code	Type	Credit	Type		
					L	T	P
1	Research Methodology	PSYCP101T01	CC	4	3	1	0
2	Psychometry and Statistics	PSYCP101T02	CC	4	3	1	0
3	Problems of development and pathologies Across Life Span	PSYCP101T03	CC	4	3	1	0
4	Forensic psychology	PSYCP101T04	CC	4	3	1	0
5	Practical on Assessment at Various Levels of Development	PSYCP101P05	CC	4	0	0	8
6	Statistical-Data Analysis using software packages:SPSS	PSYCP102B06	DSE	4	3	0	1
7	Foreign language – II		AEC	2	2	0	0
8	Generic Elective		GE	4	4	0	0

9	Mentored Seminar – II	MVMSP105S02	SEC	1	0	0	2
Total Credits				31 Credits			

## SECOND YEAR

### SEMESTER-III

Sl No	Course Title	Code	Type	Credit	Type		
					L	T	P
1	Introduction to industrial psychology (IP) and organizational psychology (op)/Introduction to disability and rehabilitation Psychology/Clinical psychology	PSYCP201T01B/ PSYCP201T01C/ PSYCP201T01A	CC	4	3	1	0
2	Organizational behaviour /Assessment and evaluation for rehabilitation psychology /Applied Health psychology, stress related psychiatric disorders and Stress Management 4	PSYCP201T02B/ PSYCP201T02C/ PSYCP201T02A	CC	4	3	1	0
3	Organizational development and management techniques/Rehabilitation policies and intervention/Counselling and Psychotherapy	PSYCP201T03B/ PSYCP201T03C/ PSYCP201T03A	CC	4	3	1	0

4	Psychometric assessments	PSYCP201P0 4	CC	4	0	1	3
5	Report writing	PSYCP201R0 5	CC	4	0	1	3
6	Field work	PSYCP201R0 6	CC	4	0	0	8
7	Foreign language – III		AE C	2	2	0	0
8	Mentored Seminar – III	MVMSP205S 03	SE C	1	1	0	0
Total Credits				27 Credits			

#### SEMESTER-IV

Sl No	Course Title	Code	Type	Credit	Type		
					L	T	P
1	Applied psychology Master Dissertation (Clinical/Rehabilitation/ /Industrial, Organizational and management psychology)	PSYCP301S01A/PSYCP301S01B/PSYCP301S01C	CC	8	0	0	16
2	Foreign language – IV		AEC	2	2	0	0
3	Applied Psychology Internship and Master Seminar (Clinical/ Rehabilitation/ Industrial, Organizational and management psychology)		INT	5	0	0	10
Total Credits				Credits 15			

## COURSE CO-PO-PSO MAPPING

### SEMESTER-I

#### COURSE 1: Applied Cognitive and Neuro-psychology

#### COURSE OUTCOMES:

<b>CO1</b>	Explain the conceptual foundations of cognitive psychology. (BT - 2)
<b>CO2</b>	Infer key cognitive processes and their interrelationships within the human cognitive system. (BT - 2)
<b>CO3</b>	Implement cognitive psychology principles and models to real-life contexts and interdisciplinary fields (BT - 3)
<b>CO4</b>	Appraise neurophysiological and biological bases of cognitive functions. (BT - 4)
<b>CO5</b>	Design strategies to foster and enhance cognitive abilities. (BT- 6)

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO5 8	PSO 1	PSO 2	PSO 3
CO1	3	1	0	2	1	1	0	2	2	1	1
CO2	3	1	0	2	1	2	0	2	3	2	2
CO3	3	2	1	2	3	2	1	3	3	3	3
CO4	3	1	1	3	1	3	0	2	3	2	2
CO5	3	2	1	2	3	3	2	3	3	3	3

1. LOW

2. MODERATE

3. SUBSTANTIAL

## COURSE 2: Personality Theories and Their Application

### COURSE OUTCOMES:

<b>CO1</b>	Explain the theoretical concepts pertaining to personality. (BT - 2)
<b>CO2</b>	Implement the knowledge of personality theories in understanding human behavior. (BT - 3)
<b>CO3</b>	Integrate the theories of personality to relate the concepts in the real world. (BT - 4)
<b>CO4</b>	Judge the relevance of the theories of personality in understanding cultural and social dynamics. (BT - 5)
<b>CO5</b>	Design solutions for critical incidents in shaping individual life experiences. (BT - 6)

### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	2	-	2	1	2	2	1	2	1	2
CO2	3	3	-	2	2	2	2	1	3	2	2
CO3	3	2	1	3	2	3	2	2	3	2	3
CO4	3	3	-	2	3	2	3	2	2	3	2
CO5	3	2	1	3	3	3	2	3	3	2	3




1.  
LOW

2. MODERATE      3. SUBSTANTIAL

### COURSE 3: Applied Social Psychology

<b>CO1</b>	Expand on the foundational concepts of Social Behaviour and Social Relations from a psychological and interdisciplinary perspective
<b>CO2</b>	Implement psychological principles in exploring and resolving problems in context of the major challenges our contemporary society faces
<b>CO3</b>	Appraise the factors pertinent for creation of self and its implication to communication from a socio-psychological perspective
<b>CO4</b>	Judge the vital factors that negatively affect our society due to uncontrolled populations and hyper-pervasive globalization from a socio- psychological perspective
<b>CO5</b>	Compose strategies for enhancing positive relationships of humans and their natural environment and curb the impact of environmental degradation from a socio- psychological perspective

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	3	2	2	3	2	2	2	2	2	1
CO2	3	3	2	3	3	2	3	3	2	2	2
CO3	3	3	2	2	2	2	2	3	2	2	
CO4	2	2	1	2	3	1	2	3	1	1	1
CO5	3	3	2	2	3	2	3	3	2	3	2

1. LOW      2. MODERATE      3. SUBSTANTIAL

## SEMESTER-II

### COURSE 1: Research Methodology

#### COURSE OUTCOMES:

<b>CO1</b>	Explain the fundamental principles, scope, and ethical aspects of research in Applied Psychology.
<b>CO2</b>	Describe and differentiate research problems, hypotheses, and variables relevant to psychological investigations
<b>CO3</b>	Apply appropriate sampling techniques and research designs to investigate psychological phenomena.
<b>CO4</b>	Analyze and compare quantitative and qualitative research approaches in applied contexts.
<b>CO5</b>	Design research proposals demonstrating ethical, methodological, and analytical competence

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	2	1	2	3	1	2	3	1	2	2	1
CO2	2	1	2	3	1	2	2	1	2	2	2
CO3	2	1	3	3	2	3	2	1		2	2
CO4	2	1	3	3	2	3	2	2	1	1	1
CO5	2	1	2	3	2	3	3	2	2	3	2

1. LOW                      2. MODERATE                      3. SUBSTANTIAL

## COURSE 2 Psychometry and Statistics

### COURSE OUTCOMES:

CO1	To understand the need for physical and psychological measurement and quantification of sensory experiences in the field of applied psychology.
CO2	To analyze the steps and theories responsible for constructing a psychological test.
CO3	To apply the different assessment techniques like psychological tests, Inventories, Questionnaires, Rating scale and Interview schedule for conducting research and psychological assessment in the field of applied psychology.
CO4	To analyze the concepts and uses of descriptive statistics and inferential statistics like correlation, regression and ANOVA in psychological research.
CO5	To analyze the concept underlies behind Cluster and Discriminant analysis and Multidimensional scaling in the field of psychology.
CO6	Project submission to understand the concepts of statistics in research in the field of applied psychology.

### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	1	2	2	1	3	1	2	2	2	1
CO2	3	1	2	2	1	3	1	2	2	2	2
CO3	3	2	2	2	2	3	1	2	2	2	2
CO4	2	0	3	3	1	3	1	2	1	1	1
CO5	2	0	3	3	1	2	0	2	2	3	2

### COURSE 3 Problems of development and pathologies Across Life Span

#### COURSE OUTCOMES:

<b>CO1</b>	Describe key concepts and theoretical approaches to developmental psychopathology across the lifespan.
<b>CO2</b>	Differentiate major developmental disorders and their clinical characteristics.
<b>CO3</b>	Analyze etiological factors contributing to behavioral and psychological disorders across developmental stages.
<b>CO4</b>	Apply relevant intervention and management strategies for childhood and adolescent disorders.
<b>CO5</b>	Evaluate management plans and holistic approaches to mental health issues in adulthood and aging.

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	2	1	2	3	2	2	1	3	2	-
CO2	3	2	1	2	3	2	2	1	3	2	-
CO3	3	2	-	3	3	2	2	2	3	2	-
CO4	3	2	1	2	3	3	2	2	3	3	-
CO5	3	2	-	2	3	3	2	2	3	3	-

1. LOW      2. MODERATE      3. SUBSTANTIAL

### COURSE 4 : Forensic psychology

#### COURSE OUTCOMES:

<b>CO1</b>	Explain the concept of assessment and the psychometric tools present in the field of Rehabilitation psychology BT (1,2)
<b>CO2</b>	Implementation of different assessment or evaluation tools used in the field of rehabilitation. BT (3)
<b>CO3</b>	Compare and contrast the evaluation tools present to work in the area of rehabilitation. BT (4)
<b>CO4</b>	Judge the suitability and distinguish between assessment tools in the field of rehabilitation BT (5)
<b>CO5</b>	Design a psychometric testing plan as formulated with the case discussion especially in the field of rehabilitation BT (6)

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	1	2	2	1	3	2	2	3	3	1
CO2	2	2	2	2	3	3	2	2	3	3	1
CO3	2	1	2	3	2	3	2	2	3	2	1
CO4	2	2	2	2	3	3	3	2	3	3	1
CO5	2	2	2	2	3	3	2	3	3	3	1

1. LOW      2. MODERATE      3. SUBSTANTIAL

### SEMESTER-III

#### COURSE 1.a Introduction to industrial psychology (IP) and organizational psychology (op)

#### COURSE OUTCOMES:

<b>CO1</b>	Explain the theoretical models and concepts pertaining to I/O Psychology. (BT - 2)
<b>CO2</b>	Implement the role of artificial intelligence tools in organizations to ease the cognitive load of the employees. (BT - 3)
<b>CO3</b>	Integrate the concepts of of Industrial Psychology and Organizational Psychology to relate the concepts in the workplace (BT - 4)
<b>CO4</b>	Judge the relevance of I/O Psychology strategies in combating real world problems. (BT - 5)
<b>CO5</b>	Design solutions for critical incidents faced by the employee and organizations. (BT - 6)

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	2	2	2	2	2	2	2	2	-	3
CO2	2	2	2	2	3	2	2	3	2	-	3
CO3	3	2	2	2	3	2	2	3	2	-	3
CO4	3	3	2	2	3	2	3	3	2	2	3



CO5	3	3	2	2	3	2	3	3	2	2	3
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1. LOW      2. MODERATE      3. SUBSTANTIAL

### COURSE 1.b. Introduction to disability and rehabilitation Psychology

#### COURSE OUTCOMES:

<b>CO1</b>	Define disability, impairment, and rehabilitation; and describe various models of disability and rehabilitation psychology.
<b>CO2</b>	Explain the historical development, philosophy, and goals of rehabilitation psychology; and differentiate between the various models and approaches.
<b>CO3</b>	Identify and analyze psychosocial aspects, causes, and hazards associated with developmental (e.g., cerebral palsy) and physical disabilities (e.g., visual, hearing, orthopedic, neuromuscular).
<b>CO4</b>	Describe the impact of disability through different life stages and apply appropriate psychological adaptation strategies for each.
<b>CO5</b>	Evaluate key psychological issues affecting the community, such as human trafficking, addiction, prostitution, and elder care, and analyze their relevance to rehabilitation psychology.

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	2	1	1	2	2	1	1	-	3	-
CO2	3	2	1	2	2	2	2	2	-	3	-
CO3	2	3	1	2	3	3	2	2	-	3	-
CO4	2	3	1	1	3	3	2	2	-	3	-
CO5	2	3	1	2	3	2	3	3	-	3	-

1. LOW      2. MODERATE      3. SUBSTANTIAL

### COURSE 1.c. Clinical psychology

#### COURSE OUTCOMES:

<b>CO1</b>	Describe the concept of abnormality within the field of Clinical Psychology.	<b>BT-2</b>
<b>CO2</b>	Demonstrate the different types and subtypes of mental disorders based on their clinical presentation.	<b>BT-3</b>
<b>CO3</b>	Distinguish between various mental disorders in terms of symptomatology and symptom formation as reflected in their clinical presentation.	<b>BT-4</b>
<b>CO4</b>	Critical detection of different mental disorders in terms of etiology and psychopathology as reflected in their clinical presentation.	<b>BT-5</b>
<b>CO5</b>	Create an eclectic and integrative diagnostic formulation and Critical detection of different mental disorders in terms of etiology and psychopathology as reflected in their clinical presentation	<b>BT-6</b>

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PSO1	PSO2	PSO3
CO1	3	2	-	2	1	3	2	1	3	1	-
CO2	3	2	-	2	1	3	2	1	3	1	-
CO3	3	2	-	3	1	3	2	1	3	1	-
CO4	3	1	2	3	1	3	2	1	3	1	-
CO5	3	2	1	3	2	3	2	1	3	1	-

1. LOW      2. MODERATE      3. SUBSTANTIAL

### COURSE 2.a. Organizational behaviour

#### COURSE OUTCOMES:

<b>CO1</b>	Expand on the foundational concepts of human behaviour in context of industrial and/or organizational settings. BT-2
<b>CO2</b>	Implement psychological and holistic wellbeing principles to decrease stress and conflict in an industrial and/or organizational setting. BT-3
<b>CO3</b>	Appraise the factors pertinent for creating a healthy and productive culture and climate in work settings. BT- 4
<b>CO4</b>	Judge the vital factors that affect leadership, and the appropriate individuals suitable for leadership positions in work setting. BT- 5
<b>CO5</b>	Compose strategies for enhancing positive group behavior and collaborative attitude in an industry or organization. BT-6

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES									PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3	
CO1	3	2	2	2	2	1	1	2	-	-	2	
CO2	2	3	1	1	3	2	2	2	-	-	1	
CO3	3	2	2	2	3	2	1	2	-	-	2	
CO4	2	3	1	1	2	1	1	2	-	-	3	
CO5	2	3	1	1	3	1	1	2	-	-	2	

1. LOW      2. MODERATE      3. SUBSTANTIAL

**COURSE 2.b. Assessment and evaluation for rehabilitation psychology**

**COURSE OUTCOMES:**

<b>CO1</b>	Explain the concept of assessment and the psychometric tools present in the field of Rehabilitation psychology BT (1,2)
<b>CO2</b>	Implementation of different assessment or evaluation tools used in the field of rehabilitation. BT (3)
<b>CO3</b>	Compare and contrast the evaluation tools present to work in the area of rehabilitation. BT (4)
<b>CO4</b>	Judge the suitability and distinguish between assessment tools in the field of rehabilitation BT (5)
<b>CO5</b>	Design a psychometric testing plan as formulated with the case discussion especially in the field of rehabilitation BT (6)

**MAPPING OF COs WITH POs AND PSOs**

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	1	2	2	1	3	2	2	3	3	1
CO2	2	2	2	2	3	3	2	2	3	3	1
CO3	2	1	2	3	2	3	2	2	3	2	1
CO4	2	2	2	2	3	3	3	2	3	3	1
CO5	2	2	2	2	3	3	2	3	3	3	1

1. LOW      2. MODERATE      3. SUBSTANTIAL

## COURSE 2.c. Applied Health psychology, stress related psychiatric disorders and Stress Management

### COURSE OUTCOMES:

<b>CO1</b>	Interpret key theoretical models of stress and health psychology, explaining their application to neurobiological, intrapersonal, and environmental sources of stress.
<b>CO2</b>	Summarize the mechanisms by which physiological arousal impacts behavior and delineate the pathways connecting stress to health-promoting and health-damaging lifestyles.
<b>CO3</b>	Differentiate the major psychiatric disorders associated with stress using case evidence and contemporary research.
<b>CO4</b>	Construct evidence-based intervention strategies for effective stress management in diverse populations.
<b>CO5</b>	Design innovative programs or protocols leveraging relaxation, biofeedback, and multimodal approaches for individual and community-level stress mitigation.

### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	2	2	2	2	3	2	2	3	-	-
CO2	3	2	2	2	2	3	2	3	3	-	-
CO3	3	2	1	2	2	3	3	2	3	-	-
CO4	3	3	2	3	3	3	3	3	3	-	-
CO5	3	3	2	3	3	3	2	3	3	-	-

1. LOW      2. MODERATE      3. SUBSTANTIAL

### COURSE 3.a. Organizational development and management techniques

#### COURSE OUTCOMES

<b>CO1</b>	Explain the theoretical models and techniques pertaining to Organizational Management . (BT - 2)
<b>CO2</b>	Implement the role of modern management techniques in organizations to solve organizational management errors. (BT - 3)
<b>CO3</b>	Integrate the concepts of management techniques to relate the concepts of organizational behavior. (BT - 4)
<b>CO4</b>	Assess the management techniques to deal with real life organizational problems (BT - 5).
<b>CO5</b>	Design innovative solutions for modern day human resource management facing diverse problems in multinational companies (BT - 6).

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	2	2	2	2	3	2	2	-	-	3
CO2	3	2	2	2	2	3	2	3	-	-	3
CO3	3	2	1	2	2	3	3	2	-	-	3
CO4	3	3	2	3	3	3	3	3	-	-	3
CO5	3	3	2	3	3	3	2	3	-	-	3

1. LOW      2. MODERATE      3. SUBSTANTIAL

### COURSE 3.b.Rehabilitation policies and intervention

#### COURSE OUTCOMES

<b>CO1</b>	Explain the concepts of rehabilitation related to different types of disabilities
<b>CO2</b>	Classify the different approaches of counseling in the context of disability and rehabilitation
<b>CO3</b>	Distinguish among the intervention techniques in disability rehabilitation
<b>CO4</b>	Judge the strength of the rehabilitation policies and interventions in Indian context
<b>CO5</b>	Formulate intervention and management plans for special cases related to rehabilitation

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	3	2	2	3	2	2	1	-	3	-
CO2	2	3	2	2	3	3	2	1	-	3	-
CO3	2	3	2	2	3	3	2	1	-	3	-
CO4	2	2	2	3	3	2	3	1	-	3	-
CO5	2	3	2	3	3	3	3	2	-	3	-

1. LOW      2. MODERATE      3. SUBSTANTIAL

### COURSE 3.c. Counselling and Psychotherapy

#### COURSE OUTCOMES

<b>CO1</b>	Explain the concepts or nuances of counselling and psychotherapy
<b>CO2</b>	Describe the key skills and ethics required to be a professional psychotherapist
<b>CO3</b>	Examine different approaches of psychotherapy
<b>CO4</b>	Appraise and defend the suitability of therapeutic approach in the context of clinical cases
<b>CO5</b>	Design intervention management plan in specific clinical context

#### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	2	2	-	3	2	2	1	3	-	-
CO2	2	3	2	-	2	1	3	2	3	-	-
CO3	3	2	3	-	3	2	2	2	3	-	-
CO4	2	2	2	2	3	3	2	2	3	-	-
CO5	3	2	2	2	3	3	2	2	3	-	-

1. LOW      2. MODERATE      3. SUBSTANTIAL

**Semester – IV**

**COURSE 1: Applied psychology Master Dissertation**

<b>CO1</b>	Identify a relevant research problem in the field of Applied Psychology and formulate clear research objectives and hypotheses based on existing literature. <i>(BT-3)</i>
<b>CO2</b>	Design an appropriate research framework by selecting suitable research methods, sampling techniques, and psychological tools adhering to ethical guidelines. <i>(BT-4)</i>
<b>CO3</b>	Conduct empirical data collection and apply appropriate statistical or qualitative techniques for systematic data analysis and interpretation. <i>(BT-5)</i>
<b>CO4</b>	Integrate theoretical understanding with empirical findings to draw meaningful conclusions and implications for psychological practice, policy, or intervention. <i>(BT-6)</i>
<b>CO5</b>	Prepare and defend a well-structured dissertation demonstrating academic writing skills, critical thinking, and adherence to ethical and professional research standards. <i>(BT-6)</i>

## MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	2	3	2	2	-	2	1	3	2	2
CO2	2	2	3	3	2	3	2	-	3	2	2
CO3	2		3	3	2	3	2	-	3	3	2
CO4	3	2	2	3	3	2	3	2	3	3	2
CO5	2	2	2	2	3	2	3	3	3	3	2

1. LOW      2. MODERATE      3. SUBSTANTIAL

### COURSE 2: Applied Psychology Internship and Master seminar

<b>CO1</b>	Demonstrate the ability to apply psychological theories, principles, and techniques in real-world professional settings under supervised practice. <i>(BT-3)</i>
<b>CO2</b>	Analyze and interpret client behavior, organizational dynamics, or community needs through systematic observation, assessment, and reflective documentation. <i>(BT-4)</i>
<b>CO3</b>	Evaluate the effectiveness of interventions, counseling sessions, or applied projects, integrating ethical considerations and professional values. <i>(BT-5)</i>



<b>CO4</b>	Develop professional communication, presentation, and interpersonal skills through seminar discussions, case reports, and peer feedback. <i>(BT-6)</i>
<b>CO5</b>	Create a comprehensive internship report and seminar presentation that demonstrate critical thinking, integration of theory with practice, and readiness for professional or research roles. <i>(BT-6)</i>

### MAPPING OF COs WITH POs AND PSOs

COURSE OUTCOMES	PROGRAMME OUTCOMES								PROGRAMME SPECIFIC OUTCOMES		
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO58	PS O1	PSO 2	PSO3
CO1	3	2	-	2	3	3	2	2	3	2	3
CO2	3	2	2	3	3	3	2	2	3	3	3
CO3	3	3	-	2	3	2	3	2	3	3	2
CO4	2	3	-	3	2	-	3	3	2	2	3
CO5	3	2	3	3	2	2	3	3	3	2	3

1. LOW      2. MODERATE      3. SUBSTANTIAL